

FAQs Continued...

How many children will be on a boat?

All participants must wear life vests (Australian Standards Approved) which are supplied by WSC. Safety lessons are included in the course syllabus and cover a very broad range of water associated safety.

What happens at the end of the course?

Students will receive a certificate of completion. They then have the opportunity to further develop their skills by enrolling in the WSC Youth Development Squad program.

Reserve a Place

To reserve a place in our Learn-to-Sail holiday camp simply complete the attached registration and risk notice forms. Please return the forms along with payment to the WSC Sailing Office.

For Further Information

Contact WSC Sailing Office:
Vickery Avenue, Rose Bay, 2029

Sailing Office: (02) 9371-9805

Email: Sail@woollahrasailingclub.org.au

Web: woollahrasailingclub.org.au



Woollahra Sailing Club



The Woollahra Sailing School seeks to provide through trained instructors, opportunities for all ages and ability levels to learn and enjoy the sport of sailing.

This is achieved by tailoring courses to suit the individual needs of its clients and ensuring that the sailing experience offered creates fun, challenges and the development of skills and confidence on the water.

Junior Learn to Sail Program

2009

WSC Learn-to-Sail – Basic Skills 1 & 2

Woollahra Sailing Club, situated on Sydney Harbour's Rose Bay, conducts Basic Skills 1 and 2 programs for children aged between 6 and 15 years. The courses are run during school holidays throughout the year.

Our courses are fun, safe and fully supervised by qualified Yachting Australia instructors.

The Learn-to-Sail course dates and costs are as follows:

Holiday Camp Course

Four-day course
9:30am – 3:30pm

Dates: 5 Jan - 8 Jan 2010
12 Jan - 15 Jan 2010
19 Jan - 22 Jan 2010

Course Cost:

\$325-- this cost includes junior membership which is valid until May 2010.

What to Bring

Each participant will need to bring:

- A change of clothes
- Sunscreen and hat
- Old shoes or rubber boots for sailing
- A packed lunch and drink (including snacks)
- Towel
- Wetsuit (if possible) or a jumper and spray jacket
- Board shorts or swimmers

Program Schedule

Day 1

Morning: Intro-wind, water, waves, safety, basic rules, Boat Awareness – Lifting, rigging, getting in and out of boat, centreboard, balance, parts of boat, steering, & paddling.

Lunch

Afternoon: Tacking and Gybing, Capsizing – talk and practice.

Day 2

Morning: Sail trimming, wind direction Points of Sail.

Lunch

Afternoon: On-water games (consolidation).

Day 3

Morning: Advanced Points of Sail, Man Overboard drills.

Lunch

Afternoon: Mini races – Fun races, on-water games (follow the leader etc)

Day 4

Morning: Sail to Milky Beach using skills learned on days 1-3.

Lunch

Afternoon: Sail back & de-brief

Basic Skills 1

Basic Skills 1 introduces Yachting Australia's *Getting into Small Boats* sailing syllabus. On completion, students will be familiar with small boats and possess essential safety knowledge.

Basic Skills 2

Basic Skills 2 is an extension of Basic Skills 1. This course includes an introduction to boat handling skills whilst under the supervision of our qualified instructors. On completion, students will be able to handle a boat in fair sailing conditions.

Next Steps

Enrolling in the Woollahra Sailing Club Youth Development Squad program.

Frequently Asked Questions

Are there any prerequisites before my child can participate?

Children must be able to swim a minimum of 25 metres for safety and confidence.

What type of boat is used?

Our learn-to-sail courses are run using the Poly Optimist. The "Opti" is a 2.3m dinghy with a main sail. It is safe, unsinkable, fun and easy to sail, making it ideal for beginners. Quite simply, it's the dinghy in which people all over the world learn to sail.